



# FREE Coaching & Financial Literacy Courses



The Coaching and Financial Empowerment Study (CaFE Study) is seeking to engage people who are interested in FREE financial coaching and literacy courses to improve their financial health and stability

Additional Resources for Interested Caregivers: Go to the [BubbieCare Website](#) to learn more about becoming a caregiver and how to join their caregiver network! BubbieCare provides a system for matching Home Health Care Workers with potential clients.



## What is it?

The CaFE Study is a large study being conducted by the University of Notre Dame to examine the impact of financial coaching and literacy courses. Notre Dame has partnered with your local **JFS** and **BubbieCare**—a network for Home Health Care Workers—in order to offer you this opportunity. If you participate in the initial survey you will receive a \$20 gift card to Walmart.

If you choose to join the CaFE Study, you will be entered into a lottery with a 50:50 chance of receiving the FREE financial coaching and financial courses from your local JFS. The financial coaching and literacy courses being offered for this study are valued at over \$1,000!

## Who is eligible?

- Individuals must be willing to dedicate one hour per week to actively participate in financial coaching and/or financial literacy classes.
- Adults, 18 and older
- Individuals living in the state of Texas

## What are the benefits?

Those who choose to join the CaFE Study will automatically receive a \$20 gift card upon completion of the application! Then, if randomly chosen from the 50:50 lottery, you will receive FREE financial coaching and literacy courses from your local JFS on a flexible time schedule.

[https://nd.qualtrics.com/jfe/form/SV\\_71lp6C29kdxPI9U](https://nd.qualtrics.com/jfe/form/SV_71lp6C29kdxPI9U)

## How do I apply for the study?

Simply fill out this form.

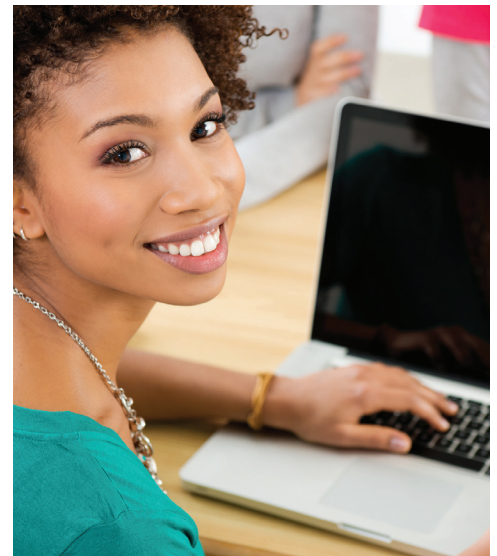
Click here:

[CaFE Study Application](#)

or use the QR Code below:



If you have questions or need help filling out the application form, please call (713) 986-7859 (Houston) or (469) 496-2572 (Dallas) or (512) 735-8120 (Austin)



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