

SPRING 2024

Youth Program Guide

January – May



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SPRING 2024 Jan - May

Youth Programs 2 months - 5 years



Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 2 months to 7 years at the Dell JCC. Students are encouraged to enroll according to their age as of September 1, 2023.

Baby Developmental Movement | W | 2 - 15 months
Dance With Me | Sat | 15 months - 2 years
Next Steps | Sat & Sun | 2 years old
Creative Dance (3 yrs) | T, W, Th, Sat, Sun | 3 years old
Creative Dance (4 yrs) | M, T, W, Sat, Sun | 4 years old
Creative Ballet (5 yrs) | M, Th, Sat | 5 years old

shalomaustin.org/balletaustin



Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the tiny hoopers eager to continue to play the game of basketball for years to come!

Little Dribblers | T, Th | 3-4 years old
Little Dribblers | T, Th | 5-6 years old

shalomaustin.org/basketball



Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!

Future Stars | T, Th, Sun | 4-5 years old
shalomaustin.org/tennis



Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.

Crawlers | W, Th, F | 6 months - 1.5 years old
Waddlers 1 & 2 | W, Th, Sat | 1.5-3.5 years old
Tumbling 2's | M & Th | 2 years old
Tiny Tumblers | M, T, W, Sat | 3-5 years old
Tiny Ninjas | M & T | 3-5 years old
Bravo Team | W | 3-13 years old

shalomaustin.org/gymnastics



SPRING 2024 Jan – May

Youth Programs 2 months – 5 years



Soccer Shots

Soccer Shots, 7-time winner of Austin Chronicle's Best Youth Sports Program, has been a proud partner of Shalom Austin for 15 years! Our sessions create a positive environment utilizing imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Mini | Sun | 2 months - 5 years old
Classic | Sun, T, Th | 3-5 years old
shalomaustin.org/youthsports



Group Swim Lessons

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Classes are 30-35 minutes in length and have small instructor-to-student ratios.

Minnows 101 | M & Th | 3-5 years old
Minnows 201 | M, T, W | 3-5 years old
Minnows 301 | T, W, Th | 3-5 years old
Minnows 401 | W | 3-5 years old
shalomaustin.org/swimlessons



Early Childhood Enrichment

Early Childhood Enrichment Programs offer a variety of opportunities for children ages 18 months old to 5 years old. The programs are designed for a small group setting to expose young learners to activities in Language Arts, Judaics, STEM, Cooking and more!

Cooks & Books | M | 3-5 years old
Círculo de Amigos Spanish Class | M | 3-5 years old
Li'l Dragons Tae Kwon Do | W | 3-5 years old
STEM | Th | 3-5 years old
Art & Innovation | W | 3-5 years old
Pokémon | F | 3-5 years old
Hebrew | F | 3-5 years old
shalomaustin.org/enrichment



ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.

Tigers | Sun, T, Th | 3-6 years old
shalomaustin.org/martial-arts



CALENDAR 2 months – 5 years



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BALLET AUSTIN @ THE J	Next Steps 9:30-10:15 AM Creative Dance 3 yrs 10:30-11:15 AM Creative Dance 4 yrs 11:15-12 PM	Creative Dance 4 yrs 3-3:45 PM Creative Ballet 5 yrs 4-4:45 PM	Creative Dance 3 yrs 3-3:45 PM Creative Dance 4 yrs 4-4:45 PM	Creative Dance 3 yrs 4-4:45 PM Creative Dance 4 yrs 3-3:45 PM Baby Development Movement 12:30-1:15 PM	Creative Dance 3 yrs 3-3:45 PM Creative Ballet 5 yrs 4:45-5:30 PM		Dance With Me 2:45-3:30 PM Next Steps 1:45-2:30 PM Creative Dance 3 yrs 12:45-1:30 PM Creative Dance 4 yrs 12-12:45 PM Creative Ballet 5 yrs 11-11:45 AM
BASKETBALL			Little Dribblers 3-4 yrs 3-3:40 PM Little Dribblers 5-6 yrs 4-4:50 PM		Little Dribblers 3-4 yrs 3-3:40 PM Little Dribblers 5-6 yrs 4-4:50 PM		
EARLY CHILDHOOD ENRICHMENT		Cooks & Books 3-3:45 PM Círculo de Amigos Spanish Class 3-3:45 PM	Art & Innovation 3-3:45 PM	Lil' Dragons Tae Kwon Do 3-3:45 PM	STEM 3-3:45 PM	Hebrew 3-3:45 PM Pokémon 3-3:45 PM	
GROUP SWIM		Minnows 101 3-3:30 PM Minnows 201 4-4:30 PM 5:15-5:45 PM	Minnows 201 3-3:30 PM Minnows 301 4-4:30 PM	Minnows 301 3-3:30 PM Minnows 401 4-4:30 PM Minnows 201 5:15-5:45 PM	Minnows 101 3-3:30 PM Minnows 301 4-4:30 PM		
KIM'S GYM		Tiny Tumblers 3-3:50 PM 4-4:50 PM Tumbling Two's 8:30-9:20 AM Tiny Ninjas 3-3:50 PM	Tiny Tumblers 1-1:50 PM 3-3:50 PM 4-4:50 PM Tiny Ninjas 3-3:50 PM	Crawlers 9:15-9:45 AM Waddlers 1 & 2 10-10:50 AM Tiny Tumblers 3-3:50 PM 4-4:50 PM Bravo Team 6:15-7 PM	Crawlers 12-12:30 PM Waddlers 1 & 2 10-10:50 AM Tumbling Two's 3-3:50 PM	Crawlers 3-3:30 PM	Waddlers 1 & 2 9:45-10:35 AM Tiny Tumblers 10:45-11:35 AM
ATA MARTIAL ARTS	Tigers 9:30-10:15 AM		Tigers 3:30-4:15 PM		Tigers 3:30-4:15 PM		

CALENDAR 2 months – 5 years



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOCCER SHOTS	Mini 9:10–9:40 AM 10:40–11:10 AM Classic 9:50–10:40 AM		Classic 3–3:40 PM		Classic 3–3:40 PM 4–4:40 PM		
TENNIS	Future Stars 12:15–1 PM		Future Stars 3–3:45 PM 4–4:45 PM		Future Stars 3–3:45 PM 4–4:45 PM		

OTHER PROGRAMS all ages

Dell J
SHALOM AUSTIN

Connect on Kids

**SPEND AFTER SCHOOL WITH US!
REGISTER TODAY!**

shalomaustin.org/kidsconnection

KIDS CLUB

JCC MEMBERS,
Dell JCC now offers
babysitting while you
workout!

For children ages
3 months – 8 years old.

Reservations are
required.

shalomaustin.org/kidsclub

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shalomaustin.org/kidsclub

Dell J
SHALOM AUSTIN

Looking for more camp fun?

Register for
Break Camps
today!

shalomaustin.org/breakcamps

shalomaustin.org/breakcamps

ECP Year Round

We have you covered from
infants through Pre K!

Join our school family!

Register now!
shalomaustin.org/ECP

eCP
SHALOM AUSTIN &
Zellman Family
Early Childhood Program

shalomaustin.org/ecp

Join JCamps for an AWESOME summer!

Visit shalomaustin.org/jcamps
for more information.

shalomaustin.org/jcamps

TEAM Austin

Dell J
SHALOM AUSTIN

We're gearing up for the 2024 Maccabi Games!
For more information and to fill out an interest form,
visit shalomaustin.org/maccabi

shalomaustin.org/maccabi

SPRING 2024 Jan - May

Youth Programs K-12



Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 2 months to 7 years at the Dell JCC. Students are encouraged to enroll according to their age as of September 1, 2023.

Pre-Ballet 6 | M, Th, Sat | 6 years old
Pre-Ballet 7 | M & Sat | 7 years old

shalomaustin.org/balletaustin



Basketball

For all genders and skill levels. Our aim is to teach the foundational skills of basketball with a focus on fundamentals and teamwork in a fun and energetic setting.

Little Dribblers | T, Th | 5-6 years old
Little Rookies | Sun | K-2nd grade
Skills Clinic | Sun | 3-5th grade
Skills Clinic | Sun | 6-12th grade

shalomaustin.org/basketball



Group Swim Lessons & Team

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Already know all four strokes? Our year-round swim team offers training for swimmers to build their stroke technique and endurance. Classes are 30 minutes in length and have small instructor-to-student ratios.

Sea Turtles 201 | M, T, W, Th | 5-8 years old
Dolphins 301 | M & W | 8-13 years old
Sea Turtles 101 | T & Th | 5-8 years old
Sea Turtles 301 | M, T, W, Th | 5-13 years old
Dolphin 401 | M, T, W, Th | 8-13 years old
Year-Round Piranhas | T, W, Th, Sat | 5-18 Years old

shalomaustin.org/swimlessons



Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.

Gym Stars | M, T, W, Sat | K-5
Ninja Stars | Th | K-5
Home School Class | Th | K-5th
Beginner Tumbling | Th | K-5
Intermediate Tumbling | Th | K-5
Advanced Tumbling | Th | K-5
Middle/Highschool Tumbling | Th | 6th-12th
Cheer Tumble | Th | K-5
Cheer Team (Instructor Approval) | M & Th | 1st-8th
Tiger Team (Instructor Approval) | T | 1st-5th
Select Team (Instructor Approval) | M & W | 2nd-9th
Elite Team (Instructor Approval) | M & W | 2nd-9th
Bravo Team | W | 3-13 years old

shalomaustin.org/gymnastics



Soccer Shots

Soccer Shots, 7-time winner of Austin Chronicle's Best Youth Sports Program, has been a proud partner of Shalom Austin for 15 years! Our Premier sessions focus on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction.

Premier | Sun & T | 5-8 years old

shalomaustin.org/youthsports



SPRING 2024 Jan - May

Youth Programs K-12



Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!



Future Stars | Sun, T, Th | 4-5 years old
Rising Stars | Sun, M, W, Th | 6-7 years old
Tennis Stars | Sun, M, T, W | 8-10 years old
Challengers | Th | 11+ years old
All Stars | M & W | 8-14 years old
Champs | M & W | Coach's Decision
shalomaustin.org/tennis

ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.



Krav Maga for All | M, T, W, Th | Ages 6+
Martial Arts Kids | M, T, W, Th | 6-12 years old
Martial Arts Family | Sun | All Ages
Teens & Adults Black Belt | T & Th | Ages 6+
shalomaustin.org/martial-arts

ESTEAM

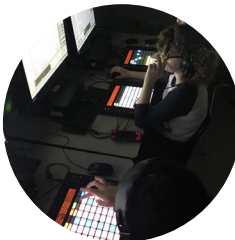
At ESTEAM Learning Labs, our mission is simple – to help our Students discover the Hero within and to guide them along the way to become Leaders in the Tech and Arts industries, prepared to challenge, inspire and change the world we live in.



LEGO Amazing Machines | Th | 6-11 years old
LEGO Movie Making | Th | 6-11 years old
shalomaustin.org/afterschool

BEAT 4 BEAT

Beat 4 Beat develops confidence and community in underserved youth in Central Texas through after school music education. Taught by local musicians, our curriculum is inspired by students' interests, providing opportunities for expression and empowerment.



Private Music Lessons | M & W | 5-12 years old
Beats Music Technology | W | 5-12 years old
shalomaustin.org/afterschool

ZACH Theatre

ZACH offers classes in acting, singing, and musical theatre that teach life skills through theatre training. Each class is a fun opportunity for students to learn how to express themselves creatively, build confidence, and celebrate collaboration.



Broadway Kids: Sing I & II | T | 5-8 years old
Matilda | T | 8-12 years old
Broadway Kids: Little Mermaid | W | 5-8 years old
Improv Theatre | W | 8-12 years old
shalomaustin.org/theatre

CALENDAR K-12th



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BALLET AUSTIN @ THE J		Pre-Ballet 6 4-4:45 PM Pre-Ballet 7 5:30-6:30 PM			Pre-Ballet 6 4-4:45 PM		Pre-Ballet 7 9-10 AM Pre-Ballet 6 10:15-11 AM
BASKETBALL	Little Rookies 12:15-1:15 PM 1:30-2:30 PM 2:45-3:45 PM Skills Clinic 5:30-6:30 PM 6:30-7:30 PM		Little Dribblers 4-4:50 PM		Little Dribblers 4-4:50 PM		
GROUP SWIM		Sea Turtles 201 5:50-6:20 PM Dolphins 301 6:25-6:55 PM Sea Turtles 301 5:50-6:20 PM	Sea Turtles 201 5:15-5:45 PM Sea Turtles 101 5:15-5:45 PM Sea Turtles 301 5:50-6:20 PM Dolphins 401 6:25-6:55 PM Piranhas 5-8 PM	Sea Turtles 201 5:50-6:20 PM Dolphins 301 6:25-6:55 PM Sea Turtles 301 5:50-6:20 PM Piranhas 5-8 PM	Sea Turtles 201 5:15-5:45 PM Sea Turtles 101 5:15-5:45 PM Sea Turtles 301 5:50-6:20 PM Dolphins 401 6:25-6:55 PM Piranhas 5-8 PM		Piranhas 9 AM-12 PM
ESTEAM					LEGO Amazing Machines 4-5 PM LEGO Movie Making 4-5 PM		
KIM'S GYM		Gym Stars 4-4:50 PM Cheer Team (gymnastics optional day) 4:45-6:15 PM Select Team 4:45-6:15 PM Elite Team 4:45-6:15 PM	Gym Stars 4-4:50 PM 4:45-5:35 PM Ninja Team 4:45-6:15 PM Tiger Team 4:45-6:15 PM	Gym Stars 4-4:50 PM Select Team 4:45-6:15 PM Elite Team 4:45-6:15 PM Bravo Team 6:15-7:15 PM	Home School Team 1-1:50 PM Ninja Stars 4-4:50 PM Beginner Tumbling 4-4:50 PM 5-6:30 PM Intermediate Tumbling 4-4:50 PM 5-6:30 PM Advanced Tumbling 4-4:50 PM 5-6:30 PM Middle/High School Tumbling 5-6:30 PM Cheer Tumble 4-4:50 PM Cheer Team 5-6:30 PM		Gym Stars 10:45-11:35 AM

CALENDAR K-12th



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ATA MARTIAL ARTS	Martial Arts Family 10:30-11:30 AM	Krav Maga for All 11:30 AM - 12:30 PM Martial Arts Kids 4-5 PM	Martial Arts Kids 4:30-5:30 PM Blackbelts 6-7 PM Krav Maga for All 7-8 PM	Krav Maga for All 11:30 AM - 12:30 PM Martial Arts Kids 5-6 PM	Martial Arts Kids 4:30-5:30 PM Blackbelts 6-7 PM Krav Maga for All 7-8 PM		
SOCCER SHOTS	Premier 10:40-11:20 AM		Premier 4-4:50 PM				
TENNIS	Future Stars 12:15-1 PM Rising Stars 1-2 PM Tennis Stars 2-3 PM	Rising Stars 4-5 PM Tennis Stars 4-5 PM All Stars 5-6:30 PM Champs 5-6:30 PM	Future Stars 3-3:45 PM 4-4:45 PM Tennis Stars 5-6 PM	Rising Stars 4-5 PM Tennis Stars 4-5 PM All Stars 5-6:30 PM Champs 5-6:30 PM	Future Stars 3-3:45 PM 4-4:45 PM Rising Stars 5-6 PM Challengers 6:30-7:30 PM		
ZACH THEATRE		Broadway Kids: Sing I & II 4-5 PM Matilda 5-6 PM		Broadway Kids: Little Mermaid 4-5 PM Theatre Improv 5-6 PM			
BEAT 4 BEAT		Private Music Lessons 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM		Beats Music Technology 4-4:45 PM Private Music Lessons 5-5:30 PM 5:30-6 PM			