

# SUMMER 2024

## Youth Program Guide

### May – August



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A SHALOM AUSTIN

# SUMMER 2024 May - August

## Youth Programs 15 months - 5 years



### Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 15 months to 7 years at the Dell JCC. Students are encouraged to enroll according to their age as of June 1, 2024.



- Dance With Me | Sat & Sun | 15 months - 2 years
- Next Steps | Sat & Sun | 2 years old
- Creative Dance (3 yrs) | W, Sat, Sun | 3 years old
- Creative Dance (4 yrs) | W, Sat, Sun | 4 years old
- Creative Ballet (5 yrs) | M & Sat | 5 years old

[shalomaustin.org/balletaustin](http://shalomaustin.org/balletaustin)

### Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.



- Waddlers | M & W | 1.5-3.5 years old
  - Tumbling 2's | F | 2-3 years old
  - Tiny Tumblers | M & W | 3-5 years old
- [shalomaustin.org/gymnastics](http://shalomaustin.org/gymnastics)

### Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the little dribblers eager to continue to play the game of basketball for years to come!



- Little Dribblers Junior | Sun | 3-4 years old
- Little Dribblers Senior | Sun | 5-6 years old

[shalomaustin.org/basketball](http://shalomaustin.org/basketball)

### Soccer Shots

Soccer Shots, 7-time winner of Austin Chronicle's Best Youth Sports Program, has been a proud partner of Shalom Austin for 15 years! Our sessions create a positive environment utilizing imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.



- Mini | Sun | 2 years old
  - Classic | Sun | 3-5 years old
- [shalomaustin.org/youthsports](http://shalomaustin.org/youthsports)

### Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!



- Future Stars | Sun | 4-5 years old
- [shalomaustin.org/tennis](http://shalomaustin.org/tennis)

# SUMMER 2024 May - August

## Youth Programs 15 months - 5 years



### Group Swim Lessons

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Classes are 30 minutes in length and have small instructor-to-student ratios.



Swim Lessons | M, T, W, Th, F | 6 months-13 years old  
shalomaustin.org/swimlessons

### ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.



Tigers | T, Th, Sat | 3-6 years old  
shalomaustin.org/martial-arts

# CALENDAR 15 months - 5 years

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BALLET AUSTIN @ THE J</b>	Dance With Me 9:30-10:15 AM Next Steps 10:30-11:15 AM Creative Dance 3 11:30 AM - 12:15 PM Creative Dance 4 12:15-1 PM	Creative Ballet 3:30-4:15 PM		Creative Dance 3 3:30-4:15 PM Creative Dance 4 4:30-5:15 PM			Dance With Me 9-9:45 AM Next Steps 10-10:45 AM Creative Dance 3 11-11:45 AM Creative Dance 4 11:45 AM - 12:30 PM Creative Ballet 12:45-1:30 PM
<b>BASKETBALL</b>	Little Dribblers Junior 11:30 AM - 12:20 PM Little Dribblers Senior 12:20 - 1 PM						
<b>AQUATICS</b>		Swim Lessons 5-7 PM	Swim Lessons 5-7 PM	Swim Lessons 5-7 PM	Swim Lessons 5-7 PM	Swim Lessons 9 AM - 12 PM	

# CALENDAR 15 months – 5 years

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>KIM'S GYM</b>		Waddlers 3:45-4:30 PM 4:30-5:15 PM  Tiny Tumblers 2:45-3:30 PM 3:45-4:30 PM 4:30-5:15 PM		Waddlers 3:45-4:30 PM 4:30-5:15 PM  Tiny Tumblers 2:45-3:30 PM 3:45-4:30 PM 4:30-5:15 PM		Tumbling Two's 2:45-3:30 PM	
<b>ATA MARTIAL ARTS</b>			Tigers 4:30-5:15 PM		Tigers 4:30-5:15 PM		Tigers 10-10:45 AM
<b>SOCCER SHOTS</b>	Mini 9:10-9:40 AM  Classic 9:50-10:30 AM						
<b>TENNIS</b>	Future Stars 8:15-9 AM						

## SUMMER 2024 May - August Youth Programs K-12



### Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!

Future Stars | Sun | 4-5 years old  
 Rising Stars | Sun | 6-7 years old  
 Tennis Stars | Sun | 8-10 years old  
 Challengers | Sun | 11+ years old  
[shalomaustin.org/tennis](http://shalomaustin.org/tennis)



### ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.

Martial Arts for All | T, Th, Sat | All ages & ranks  
[shalomaustin.org/martial-arts](http://shalomaustin.org/martial-arts)



# SUMMER 2024 May - August

## Youth Programs K-12



### Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 15 months to 7 years at the Dell JCC. Students are encouraged to enroll according to their age as of June 1, 2024.

Pre-Ballet 6 | M & Sat | 6 years old  
Pre-Ballet 7 | Sat | 7 years old

[shalomaustin.org/balletaustin](http://shalomaustin.org/balletaustin)



### Group Swim Lessons & Swim Team

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Classes are 30 minutes in length and have small instructor-to-student ratios. Already know all four strokes? Our Swim team offers training for swimmers to build their stroke technique and endurance.

Swim Lessons | M, T, W, Th, F | 6 months - 13 years old  
Piranhas Summer League | M, T, W, Th | 5-18 years old  
Year-Round Swim Team | T, W, Th, Sat | 5-18 Years old

[shalomaustin.org/swimlessons](http://shalomaustin.org/swimlessons)  
[shalomaustin.org/swimteams](http://shalomaustin.org/swimteams)



### Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the little dribblers eager to continue to play the game of basketball for years to come!

Little Dribblers Senior | Sun | 5-6 years old

[shalomaustin.org/basketball](http://shalomaustin.org/basketball)



### Soccer Shots

Soccer Shots, 7-time winner of Austin Chronicle's Best Youth Sports Program, has been a proud partner of Shalom Austin for 15 years! Our Premier sessions focus on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction.

Premier | Sun | 5-8 years old  
[shalomaustin.org/youthsports](http://shalomaustin.org/youthsports)



### Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.

Gym Stars | M & W | K-5th grade  
Team | M & W | 1st-8th grade

[shalomaustin.org/gymnastics](http://shalomaustin.org/gymnastics)



# CALENDAR K-12th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BALLET AUSTIN @ THE J</b>		Pre-Ballet 6 4:30-5:15 PM					Pre-Ballet 7 2:30-3:30 PM Pre-Ballet 6 1:45-2:30 PM
<b>BASKETBALL</b>	Little Dribblers Senior 12:20 - 1 PM						
<b>AQUATICS</b>		Swim Lessons 5-7 PM Piranhas Summer League 4-8:30 PM	Swim Lessons 5-7 PM Piranhas Summer League 4-8:30 PM Year-Round Swim Team 5-8:30 PM	Swim Lessons 5-7 PM Piranhas Summer League 4-8:30 PM Year-Round Swim Team 5-8:30 PM	Swim Lessons 5-7 PM Piranhas Summer League 4-8:30 PM Year-Round Swim Team 5-8:30 PM	Swim Lessons 9 AM - 12 PM	Year-Round Swim Team 9 AM - 12 PM
<b>KIM'S GYM</b>		Gym Stars 3:45-4:30 PM 4:30-5:15 PM Team 3:45-5:15 PM		Gym Stars 3:45-4:30 PM 4:30-5:15 PM Team 3:45-5:15 PM			
<b>ATA MARTIAL ARTS</b>			All Ranks/Ages 6-7 PM		All Ranks/Ages 6-7 PM		All Ranks/Ages 11 AM - 12 PM
<b>SOCCER SHOTS</b>	Premier 10:40-11:20 AM						
<b>TENNIS</b>	Future Stars 8:15-9 AM Rising Stars 9-10 AM Tennis Stars 10-11 AM Challengers 11 AM - 12 PM						

# OTHER PROGRAMS all ages

**Dell J**  
Connection  
**Kids**

**SPEND AFTER SCHOOL WITH US!  
REGISTER TODAY!**

[shalomaustin.org/kidsconnection](https://shalomaustin.org/kidsconnection)

**TEAM Austin**  
JCC maccabi

Were gearing up for the 2024 Maccabi Games!  
For more information and to fill out an interest form,  
visit [shalomaustin.org/maccabi](https://shalomaustin.org/maccabi)

[shalomaustin.org/maccabi](https://shalomaustin.org/maccabi)

**ECP Year Round**

We have you covered from  
infants through Pre K!  
**Join our school family!**

**Register now!**  
[shalomaustin.org/ECP](https://shalomaustin.org/ECP)

**egp**  
SHALOM AUSTIN & Zelfman Family  
Early Childhood Program

[shalomaustin.org/ecp](https://shalomaustin.org/ecp)

**Dell J**

**TEEN FITNESS CERTIFICATION**  
AGES 12-19

Work with a Certified Youth Exercise Specialist to inspire healthier generations.

[shalomaustin.org/personaltraining](https://shalomaustin.org/personaltraining)

**MEET YOUR SUMMER SQUAD**

Community-wide Registration is now open.  
**REGISTER TODAY!**

SHALOM AUSTIN & Zelfman Family  
**JCC camps**

[shalomaustin.org/jcamps](https://shalomaustin.org/jcamps)

**KIDS CLUB**

**JCC MEMBERS,**  
Dell JCC now offers babysitting while you workout!

For children ages 3 months - 8 years old.  
Reservations are required.  
[shalomaustin.org/kidsclub](https://shalomaustin.org/kidsclub)

**Dell J**

[shalomaustin.org/kidsclub](https://shalomaustin.org/kidsclub)