

# FALL 2024

## Youth Program Guide

September - December



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SHALOM AUSTIN



# FALL 2024 Sept - Dec

## Youth Programs 15 months - 5 years



### Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 15 months to 7 years at the Dell JCC. Students are encouraged to enroll according to their age as of June 1, 2024.



- Dance With Me | M, Sat, Sun | 15 months - 2 years
- Next Steps | M, Sat, Sun | 2 years old
- Creative Dance (3 yrs) | M, W, Th, Sat, Sun | 3 years old
- Creative Dance (4 yrs) | M, W, Th, Sat, Sun | 4 years old

[shalomaustin.org/balletaustin](http://shalomaustin.org/balletaustin)

### Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the players eager to continue to play the game of basketball for years to come!



- Little Dribblers | M & W | 3-5 years old

[shalomaustin.org/basketball](http://shalomaustin.org/basketball)

### Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!



- Future Stars | T, Th, Sun | 4-5 years old

[shalomaustin.org/tennis](http://shalomaustin.org/tennis)

### Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.



- Crawlers | W, Th, F | 6 months - 1.5 years old
- Waddlers 1 & 2 | W, Th, Sat | 1.5-3.5 years old
- Tumbling 2's | M & Th | 2 years old
- Tiny Tumblers | M, T, W, Sat | 3-5 years old
- Tiny Ninjas | M & T | 3-5 years old

[shalomaustin.org/gymnastics](http://shalomaustin.org/gymnastics)

### Soccer Shots

Soccer Shots has been a proud partner of Dell JCC for over 15 years! Our Mini (ages 2-3) and Classic (ages 3-5) programs build confidence and interpersonal skills by implementing imaginative games to focus on basic soccer techniques like dribbling, control, passing and shooting in a positive, engaging environment. Positive character traits, such as respect, teamwork, and sportsmanship, are also a focus of each session. Our Goal: To provide a positive impact on every child we coach and a remarkable experience for their families!



- Mini | Sun | 2 years old
- Classic | T, Th, Sun | 3-5 years old

[shalomaustin.org/youthsports](http://shalomaustin.org/youthsports)

# FALL 2024 Sept – Dec

## Youth Programs 15 months – 5 years



### Early Childhood Enrichment

Early Childhood Enrichment Programs offer a variety of opportunities for children ages 3 to 5 years old. The programs are designed for a small group setting to expose young learners to activities in Language Arts, STEM, Cooking and more!

- Cooks & Books | M | 3-5 years old
- Circulo de Amigos with a Flare | M | 3-5 years old
- Art Innovation | W | 3-5 years old
- Journey Around the World | W | 3-5 years old
- Stem | Th | 3-5 years old

[shalomaustin.org/enrichment](http://shalomaustin.org/enrichment)



### ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.

Tigers | M, T, Th, Sun | 3-6 years old  
[shalomaustin.org/martial-arts](http://shalomaustin.org/martial-arts)



### Group Swim Lessons

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Classes are 30 minutes in length and have small instructor-to-student ratios.\*

- Tadpole & Me | M, T, W, Th | 6 months - 3 years
- Minnows 101 | M, T, W, Th | 3-5 years old
- Minnows 201 | M, T, W, Th | 3-5 years old
- Minnows 301 | M, T, W, Th | 3-5 years old

\*Our group swim lessons are on a month to month schedule. See website for details.

[shalomaustin.org/swimlessons](http://shalomaustin.org/swimlessons)



# CALENDAR 18 months – 5 years

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BALLET AUSTIN @ THE J</b>	Dance With Me 9:30–10:15 AM Next Steps 10:30–11:15 AM Creative Dance 3 11:30 AM – 12:15 PM Creative Dance 4 12:30–1:15 PM	Dance With Me 9:30–10:15 AM Next Steps 10:30–11:15 AM Creative Dance 3 3–3:45 PM Creative Dance 4 4–4:45 PM		Creative Dance 4 3–3:45 PM Creative Dance 3 4–4:45 PM	Creative Dance 3 3–3:45 PM Creative Dance 4 4–4:45 PM		Dance With Me 9–9:45 AM Next Steps 10–10:45 AM Creative Dance 3 11–11:45 AM Creative Dance 4 11:45 AM – 12:30 PM
<b>BASKETBALL</b>		Little Dribblers 3–3:40 PM		Little Dribblers 3–3:40 PM			
<b>AQUATICS</b>		Minnows 101 3–3:30 PM Minnows 301 4–4:30 PM	Minnows 101 3–3:30 PM Minnows 201 4–4:30 PM	Minnows 201 3–3:30 PM Minnows 301 4–4:30 PM	Minnows 101 3–3:30 PM Minnows 201 4–4:30 PM		
<b>KIM'S GYM</b>		Tumbling 2's 8:30–9:20 AM Tiny Tumblers 3–3:50 PM 4–4:50 PM Tiny Ninjas 3–3:50 PM	Tiny Tumblers 3–3:50 PM 4–4:50 PM Tiny Ninjas 3–3:50 PM	Crawlers 9–9:50 AM Waddlers 1 & 2 10–10:50 AM Tiny Tumblers 1:30–2:20 PM 3–3:50 PM 4–4:50 PM	Crawlers 12–12:50 PM Waddlers 1 & 2 10–10:50 AM Tumbling 2's 3–3:50 PM	Crawlers 3–3:30 PM	Waddlers 1 & 2 10–10:50 AM Tiny Tumblers 11–11:50 AM
<b>ATA MARTIAL ARTS</b>		Tigers 3–3:40 PM	Tigers 3:30–4:10 PM		Tigers 3–3:40 PM		Tigers 9:20–10 AM
<b>SOCCER SHOTS</b>	Mini 9:10–9:40 AM		Classics 3–3:40 PM		Classics 3–3:40 PM 4–4:40 PM		Mini 9:10–9:40 AM Classics 9:50–10:30 AM
<b>TENNIS</b>	Future Stars 12:15–1 PM		Future Stars 3–3:45 PM		Future Stars 3–3:45 PM		
<b>EARLY CHILDHOOD ENRICHMENT</b>		Cooks & Books 3–3:45 PM Circulo de Amigos with a Flare 3–3:45 PM		Art & Innovation 3–3:45 PM Journey Around the World 3–3:45 PM	Stem 3–3:45 PM		

# FALL 2024 Sept – Dec

## Youth Programs K-12



### Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 15 months to 7 years at the Dell JCC. Students are encouraged to enroll according to their age as of June 1, 2024.



Creative Ballet 5 | M, W, Sat | 5 years old  
Pre-Ballet 6 | T, Th, Sat | 6 years old  
Pre-Ballet 7 | T & Sat | 7 years old  
Level 1 | T & Th | 8 years old

[shalomaustin.org/balletaustin](http://shalomaustin.org/balletaustin)

### Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the players eager to continue to play the game of basketball for years to come!



Basketball Skills Clinic | Sun | Grades K-2  
Basketball Skills Clinic | T | Grades 3-5  
Rising Stars | Sun | Grades 3-8  
Skills Clinic - Elite | W | Grades 6-12

[shalomaustin.org/basketball](http://shalomaustin.org/basketball)

### Drone Together

DroneTogether brings science and technology to children through hands-on classes. All materials are provided and no prior experience necessary!



Drone Flying Adventures | T | 2nd-5th  
Intro to STEM Robotics | T | K-1st  
[shalomaustin.org/youth-enrichment](http://shalomaustin.org/youth-enrichment)

### Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.



Gym Stars | M, T, W, Sat | K-5th grade  
Ninja Stars | Th | K-5th grade  
Beginner Tumbling | Th | K-5th grade  
Intermediate Tumbling | Th | K-5th grade  
Advanced Tumbling | Th | K-5th grade  
Cheer Tumble | Th | K-5th grade  
Cheer Team | M&Th | K-8th grade  
Tiger Team | T | 1st-5th grade  
Select Team | M & W | 2nd-9th grade  
Elite Team | M & W | 2nd-9th grade  
Middle/High School Tumbling | Th | 6th-12th grade  
[shalomaustin.org/gymnastics](http://shalomaustin.org/gymnastics)

### Group Swim Lessons & Swim Team

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Classes are 30 minutes in length and have small instructor-to-student ratios. Already know all four strokes? Our Swim team offers training for swimmers to build their stroke technique and endurance.\*



Sea Turtles 201 | T & Th | 5-8 years old  
Sea Turtles 301 | M & W | 5-8 years old  
Dell JCC Jellyfish Swim Team | T, W, Th, Sat | 5-18 years old

\*Our group swim lessons are on a month to month schedule. See website for details.

[shalomaustin.org/swimlessons](http://shalomaustin.org/swimlessons)  
[shalomaustin.org/swimteams](http://shalomaustin.org/swimteams)



# FALL 2024 Sept – Dec

## Youth Programs K-12



### Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!



Rising Stars | M, W, Th, Sun | 6-7 years old  
Tennis Stars 2 | M & W | 7-10 years old  
Tennis Stars 1 | M, T, W, Sun | 8-10 years old  
All Stars | M & W | 8-11 years old  
Challengers | Th | 11+ years old  
Champs | M & W | 11+ years old

[shalomaustin.org/tennis](http://shalomaustin.org/tennis)

### ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.



Martial Arts Kids | M, T, W, Th | 6-12 years old  
Krav 4 Kids | M | 6-15 years old  
Teens/Adults/Blackbelts | W, T, Th | 12+ years old  
Family Class | Sun | All Ages  
Special Olympics | Sun | All Ages

[shalomaustin.org/martial-arts](http://shalomaustin.org/martial-arts)

### Soccer Shots

Soccer Shots has been a proud partner of Dell JCC for over 15 years! Our Premier (ages 5-8) program builds confidence and interpersonal skills by focusing on sportsmanship, individual skill development, and fitness, providing an opportunity for children to be challenged through fun games, scrimmaging, and team interaction. Positive character traits, such as respect, teamwork, and integrity, are also a focus of each session. Our Goal: To provide a positive impact on every child we coach and a remarkable experience for their families!



Premier | T & Sun | 5-8 years old  
[shalomaustin.org/youthsports](http://shalomaustin.org/youthsports)

### ZACH Theatre

ZACH offers classes in acting, singing, and musical theatre that teach life skills through theatre training. Each class is a fun opportunity for students to learn how to express themselves creatively, build confidence, and celebrate collaboration. Please note, these classes focus on process over product. The semester ends with a demonstration where students perform for an invited audience of family and friends.



Broadway Kids: Frozen and Frozen 2 | T | K-2nd  
Musical Theatre: Pop Stars: Taylor Swift Edition | T | 3rd-5th  
[shalomaustin.org/youth-enrichment](http://shalomaustin.org/youth-enrichment)

# CALENDAR K-12th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BALLET AUSTIN @ THE J</b>		Creative Ballet 5 4:45-5:30 PM	Pre-Ballet 6 4-4:45 PM Pre-Ballet 7 4:45-5:45 PM Level 1 5:45-6:45 PM	Creative Ballet 5 4:45-5:30 PM	Pre-Ballet 6 5-5:45 PM Level 1 5:45-6:45 PM		Creative Ballet 5 12:45-1:30 PM Pre-Ballet 6 1:30-2:15 PM Pre-Ballet 7 2:15-3:15 PM
<b>BASKETBALL</b>	Rising Stars 12:15-3:45 PM Skills Clinic 5:45-6:45 PM		Skills Clinic 6:30-7:30 PM	Skills Clinic - Elite 6:40-7:40 AM			
<b>AQUATICS</b>			Jellyfish Swim Team Developmental 4:15-5 PM Bronze: 5-6 PM Silver: 6-7 PM Gold: 7-8:30 PM	Jellyfish Swim Team Bronze: 5-6 PM Silver: 6-7 PM Gold: 7-8:30 PM	Jellyfish Swim Team Developmental 4:15-5 PM Bronze: 5-6 PM Silver: 6-7 PM Gold: 7-8:30 PM		Jellyfish Swim Team Bronze: 9-10 AM Silver: 10-11 AM Gold: 11 AM - 12:30 PM
<b>KIM'S GYM</b>		Gym Stars 4-4:50 PM Cheer Team 4:45-6:15 PM Select Team 4:45-6:15 PM Elite Team 4:45-6:15 PM	Gym Stars 4-4:50 PM 4:45-5:30 PM Tiger Team 4:45-6:15 PM	Gym Stars 4-4:50 PM Select Team 4:45-6:15 PM Elite Team 4:45-6:15 PM	Ninja Stars 4-4:50 PM Beginner Tumbling 4-4:50 PM 5-6:30 PM Intermediate Tumbling 4-4:50 PM 5-6:30 PM Advanced Tumbling 4-4:50 PM 5-6:30 PM Middle/High School Tumbling 5-6:30 PM Cheer Tumble 4-4:50 PM Cheer Team (Optional Day) 5-6:30 PM		Gym Stars 11-11:50 AM

# CALENDAR K-12th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ATA MARTIAL ARTS</b>	Family Class 10-11 AM Special Olympics 1-2 PM	Martial Arts Kids 4-5 PM Krav 4 Kids 5-6 PM	Martial Arts Kids 4:30-5:30 PM Teens/Adults/Blackbelts 6-7 PM	Martial Arts Kids 6-7 PM Teens/Adults/Blackbelts 6-7 PM	Martial Arts Kids 4:30-5:30 PM Teens/Adults/Blackbelts 6-7 PM		
<b>SOCCER SHOTS</b>	Premier 10:40-11:20 AM		Premier 4-4:40 PM				
<b>TENNIS</b>	Rising Stars 1-2 PM Tennis Stars 1 2-3 PM	Tennis Stars 1 4-5 PM Tennis Stars 2 4-5 PM Rising Stars 4-5 PM All Stars 5-6:30 PM Champs 5-6:30 PM	Tennis Stars 1 4-5 PM	Tennis Stars 1 4-5 PM Tennis Stars 2 4-5 PM Rising Stars 4-5 PM All Stars 5-6:30 PM Champs 5-6:30 PM	Rising Stars 4-5 PM Challengers 6:30-7:30 PM		
<b>DRONE TOGETHER</b>			Drone Flying Adventures 5:30-6:30 PM Intro to STEM Robotics 4-5 PM				
<b>ZACH THEATRE</b>			Broadway Kids: Frozen & Frozen 2 4-5 PM Musical Theatre: Pop Stars: Taylor Swift Edition 5-6 PM				



# OTHER PROGRAMS all ages

**Dell J**  
ENRICHMENT

**Connection Kids**

**SPEND AFTER SCHOOL WITH US!  
REGISTER TODAY!**

[shalomaustin.org/kidsconnection](https://shalomaustin.org/kidsconnection)

**Connection Kids**

**Enrichment Pass**  
For students attending AJA and Doss

One day a week school pick up for students enrolled in after-school programs at the Dell JCC and Hebrew & Religious School.

Learn more at [shalomaustin.org/kidsconnection](https://shalomaustin.org/kidsconnection)

**Dell J**  
ENRICHMENT

[shalomaustin.org/kidsconnection](https://shalomaustin.org/kidsconnection)

**ECP Year Round**

We have you covered from infants through Pre K!  
**Join our school family!**

**Register now!**  
[shalomaustin.org/ECP](https://shalomaustin.org/ECP)

**ECP**  
SHALOM AUSTIN  
Zelman Family  
Early Childhood Program

[shalomaustin.org/ecp](https://shalomaustin.org/ecp)

**KIDS CLUB**

**NOW OPEN  
7 DAYS A WEEK!**

**Dell J**  
ENRICHMENT

[shalomaustin.org/kidsclub](https://shalomaustin.org/kidsclub)

[shalomaustin.org/kidsclub](https://shalomaustin.org/kidsclub)

**Dell J**  
ENRICHMENT

**Music with David Rabinowicz**

Sign up for private music lessons for the fall!  
Register and learn more at [shalomaustin.org/youth-enrichment](https://shalomaustin.org/youth-enrichment)

[shalomaustin.org/youth-enrichment](https://shalomaustin.org/youth-enrichment)

**Dell J**  
ENRICHMENT

**TEEN FITNESS CERTIFICATION**  
AGES 12-19

Work with a Certified Youth Exercise Specialist to inspire healthier generations.

[shalomaustin.org/personaltraining](https://shalomaustin.org/personaltraining)