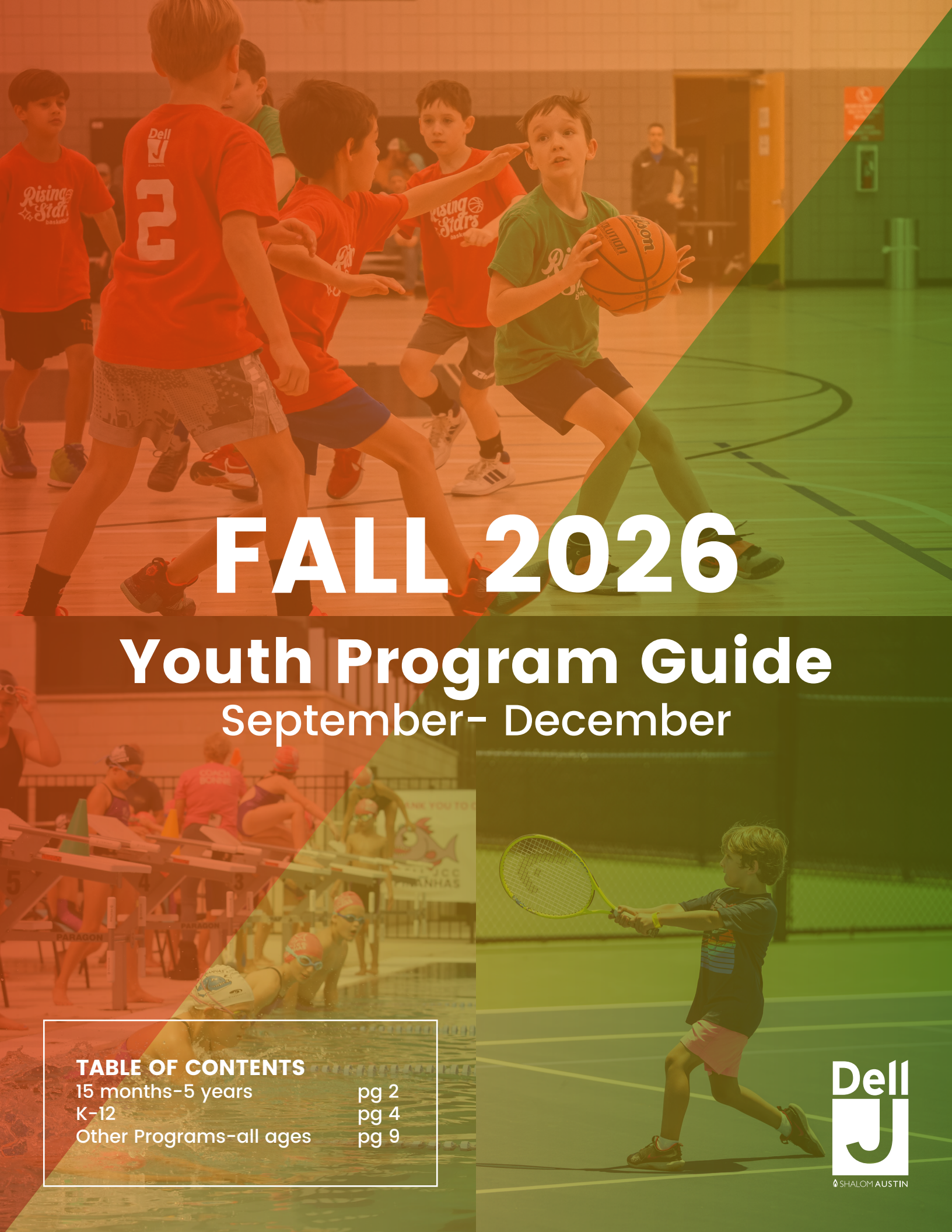




FALL 2026

Youth Program Guide

September– December

TABLE OF CONTENTS

15 months–5 years

pg 2

K–12

pg 4

Other Programs–all ages

pg 9

Youth Programs 15 months-5 years

Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages 15 months to 5 years at the Dell JCC. Students are encouraged to enroll according to their age as of September 1, 2026.

Dance With Me | Su | 15 months - 2 years
Next Steps | Th, Sa | 2 years
Creative Dance 3 | Su, M, Th, Sa | 3 years
Creative Dance 4 | Su, M, T, W, Sa | 4 years
Creative Ballet 5 | M, W, Th, Sa | 5 years
shalomaustin.org/balletaustin



ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.

Tigers | T, Th, Sa | 3-6 years
shalomaustin.org/martial-arts



Kim's Gym

See first hand your child's coordination and self-esteem emerge during this special time of discovery for child as well as parent. Every day of fun includes ribbon wands, stretching, songs, games, parachute, and exciting lesson plans. Watch your child learn to hang, jump, roll, balance, and more.

This class is located in the JCC Studio
Waddlers 1 & 2 | W, Th, Sa | 1.5-3.5 years
Tiny Tumblers | M, T, W, Sa | 3-5 years
Tumbling Two's | Th | 2 years
shalomaustin.org/gymnastics



Soccer Shots

Soccer Shots has been a proud partner of Dell JCC for over 15 years! Our Mini (ages 2-3) and Classic (ages 3-5) programs build confidence and interpersonal skills by implementing imaginative games to focus on basic soccer techniques like dribbling, control, passing and shooting in a positive, engaging environment. Positive character traits, such as respect, teamwork, and sportsmanship, are also a focus of each session. Our Goal: To provide a positive impact on every child we coach and a remarkable experience for their families!

18-24 Months | Su | 18 - 24 months
Mini | Su | 2-3 years
Classic | Su, T, Th | 3-5 years
shalomaustin.org/youthsports



Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the players eager to continue to play the game of basketball for years to come!

Little Dribblers | M | 3-4 years old
Little Dribblers | M | 4-5 years old
shalomaustin.org/basketball



Youth Programs 15 months–5 years

Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!

Future Stars | Su, T, Th | 4-5 years
shalomaustin.org/tennis



Early Childhood Enrichment

Early Childhood Enrichment Programs offer a variety of opportunities. The programs are designed for a small group setting to expose young learners to activities in Language Arts, STEM, Cooking and more!

Círculo de Amigos with a Flare | M | 3 - 5 years
Makers Space | W | 3 - 5 years
Cooks & Books | M, T | 3 - 5 years
Hebrew My First Language | Th | 3 - 5 years
shalomaustin.org/enrichment



CALENDAR 15 months–5 years

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BALLET AUSTIN @ THE J	Dance With Me 11-11:45 AM Creative Dance 3 12-12:45 PM Creative Dance 4 12:45-1:30 PM	Creative Dance 3 3-3:45 PM Creative Dance 4 3:45-4:30 PM Creative Ballet 5 4:30-5:15 PM	Creative Dance 4 3:15-4 PM	Creative Ballet 5 3:30-4:15 PM Creative Dance 4 4:15-5 PM	Creative Dance 3 9:30-10:15 AM Next Steps 10:15-11 AM Creative Dance 3 3-3:45 PM Creative Ballet 5 4-4:45 PM		Next Steps 9-9:45 AM Creative Dance 3 10-10:45 AM Creative Dance 4 10:45-11:30 AM Creative Ballet 5 11:45-12:30 PM
KIM'S GYM		Tiny Tumblers 3-3:50 PM 4-4:50 PM Tiny Ninjas 3-3:50 PM	Tiny Tumblers 3-3:50 PM 4-4:50 PM Tiny Ninjas 3-3:50 PM	Waddlers 1 & 2 10-10:50 AM Tiny Tumblers 3-3:50 PM 4-4:50 PM 5-5:50 PM	Waddlers 1 & 2 10-10:50 AM Tumbling Two's 3-3:50 PM		Waddlers 1 & 2 9-9:50 AM Waddlers 1 & 2 10-10:50 AM Tiny Tumblers 11-11:50 AM
ATA MARTIAL ARTS	Tigers 9-9:40 AM	Tigers 3-3:40 PM	Tigers 3:30-4:10 PM		Tigers 3:30-4:10 PM		
TENNIS	Future Stars 11:45 AM -12:30 PM		Future Stars 3-3:45 PM Future Stars 4-4:45 PM		Future Stars 3-3:45 PM		

CALENDAR 15 months-5 years

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DELL JCC ATHLETICS		Little Dribblers 3-3:40 PM		Little Dribblers 3-3:40 PM			
SOCCER SHOTS	Soccer Shots 18-month 8:30-9 AM Mini 9:10-9:40 AM Classic 9:50-10:30 AM		Classic 3-3:45 PM		Classic 3-3:45 PM Classic 4-4:45 PM		
EARLY CHILDHOOD ENRICHMENT		Círculo de Amigos with a Flare 3-3:45 PM Cooks & Books 3-3:45 PM	Cooks & Books 3-3:45 PM	Makers Space 3-3:45 PM	STEM 3-3:45 PM Hebrew My First Language 3-3:45 PM		

Youth Programs K-12

Sticky Fingers Cooking

Fun and hands-on cooking classes from experienced chef instructors. We've taught over 1 MILLION kids to enjoy healthy eating since 2011. Each week we will explore a new, delicious recipe. We welcome experienced cooks and especially those "particular" eaters. Recipes will be Kosher, nut-free and all allergies are accommodated.

COOL'inary Cooking Club | W | 6-12 years old
shalomaustin.org/youth-enrichment



Basketball

We focus on teaching ball handling, shooting, defense, and spacing, alongside fun games and challenges! Our staff will teach the rules of the game, how to be a teammate, and ultimately create an environment that has the players eager to continue to play the game of basketball for years to come!

Skills Clinic (3-8) | M | 3rd-8th grade
Skills Clinic (K-2) | Su | K-2nd grade
Rising Stars | Su | 3rd-8th grade
shalomaustin.org/basketball



Youth Programs K-12

Ballet Austin @ the J

Ballet Austin is thrilled to partner with Shalom Austin and bring the joy of dance to children ages K to 12 years at the Dell JCC. Students are encouraged to enroll according to their age as of September 1, 2026.

Pre-Ballet 6 | Su, M, T, Sa | 6 years old

Pre-Ballet 7 | Su, W, Sa | 7 years old

Level 1 | T, Th | 8-10 years old

Level 2 | T, Th | 8-11 years old

shalomaustin.org/balletaustin



Kim's Gym

Kim's Gym, proud partner of Shalom Austin, started in March of 2002 based on the philosophy that all children, no matter what skill level, should have an opportunity to excel in gymnastics without having to give up their childhood. Kim's Gym is dedicated to creating a fun, upbeat, safe environment which in turn helps the kids improve and succeed.

Ninja Stars | M, Th | K-5th grade

Gym Stars | M, T, W, Sa | K-5th grade

Beginner Tumbling | Th | K-5th grade

Intermediate Tumbling | Th | K-5th grade

Advanced Tumbling | Th | K-5th grade

Middle/High School Tumbling | Th | 6th-12th grade

Cheer Tumble | Th | K-5th grade

Cheer Team | Th | K-8th grade

Tiger Team | T | 1st-5th grade

Select Team | M, W | 2nd-9th grade

Elite Team | M, W | 2nd-9th grade

Bravo Team | TBD | 3-13 years old

shalomaustin.org/gymnastics



Group Swim Lessons & Swim Team

Children will learn swimming and water safety skills through enjoyable, engaging, and challenging activities that motivate them to want to learn to swim. Classes are 30 minutes in length and have small instructor-to-student ratios. Already know all four strokes? Our Swim team offers training for swimmers to build their stroke technique and endurance.

Jellyfish Swim Team | Su, T, W, Th | 5-18 years old

Learn to Swim 1 | M, W | 6-14 years old

Learn to Swim 2 | T, Th | 6-14 years old

Learn to Swim 3 | M, W | 6-14 years old

Learn to Swim 4 | T, Th | 6-14 years old

Learn to Swim 5 | T, Th | 6-14 years old

shalomaustin.org/swimlessons

shalomaustin.org/swimteams



Ms. Hill's Art Adventure

Spark your child's creativity at Ms. Hill's Afterschool Art Adventure! From painting bold masterpieces to shaping unique clay sculptures, this exciting afterschool program offers hands-on projects that will inspire young artists. Every class is filled with fun, discovery, and plenty of opportunities to explore new techniques, all in a relaxed and encouraging space. Don't miss out on the adventure—where creativity knows no limits!

Art Club | M | 6-11 years

Art Club (3rd-6th) | Th | 2nd-6th grades

shalomaustin.org/youth-enrichment



Youth Programs K-12

Tennis

Our Youth Tennis program offers lessons for kids ages 4 and up. Whether you're learning the fundamentals, developing your skills or getting ready for a tournament, we have the perfect class for you!

Tennis Stars 1 | Su, M, W | 8-10 years old
Tennis Stars 2 | M, W | 7-10 years old
Rising Stars | M, W, Th, Sun | 6-7 years old
Challengers | T | 11+ years old
All Stars | M, W | 8-11 years old
Champs | M, W | 11+ years old
Private Instruction
shalomaustin.org/tennis



ATA Martial Arts with Master Palacios

This safe, positive, and motivational adventure is designed to help your child increase physical, moral, and mental fitness, all while making new friends and having a great time! This class will cover all of the basic martial arts techniques as well as the basic life skills of respect, discipline, perseverance, and self-control.

Tigers | M, T, Th | 3-6 years old
Martial Arts Kids | Su, M, T, Th | 6-12 years
Teens/Adults | T, Th | 13+ years old
Family Class | Su | 6+ years old
Leadership/Legacy | W | 9+ years old
shalomaustin.org/martial-arts



Zach Theatre

Zach offers classes in acting, singing, and musical theatre that teach life skills through theatre training. Each class is a fun opportunity for students to learn how to express themselves creatively, build confidence, and celebrate collaboration. Please note, these classes focus on process over product. The semester ends with a demonstration where students perform for an invited audience of family and friends.

Broadway Kids: Frozen | T
Production Workshop: KPop Demon Hunters | T
Broadway Kids: Moana | Th
Improv | Th

shalomaustin.org/youth-enrichment



JRock BandLab with Jamie Bahr

Ready to rock? In JRock Band Lab, students will form a band, create original songs and explore vocals, keyboard, percussion, and rhythm instruments while rotating through different musical roles. Along the way, they'll build confidence, teamwork, listening skills, and gain a strong sense of rhythm as they learn what it takes to create music and perform together. The session culminates in an exciting end-of-term showcase where the band takes the stage to perform their songs and celebrate their hard work!
T | 8-13 years old



Soccer Shots

Soccer Shots, 8-time winner of Austin Chronicle's Best Youth Sports Program, has been a proud partner of Shalom Austin for 15 years! Our Premier sessions focus on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction.

Premier | Su, T | 5-8 years old
shalomaustin.org/youthsports



CALENDAR K - 12TH

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BALLET AUSTIN @ THE J	Pre-Ballet 6 9-9:45 AM Pre-Ballet 7 9:45-10:45 AM	Pre-Ballet 6 5:15-6 PM	Pre-Ballet 6 4-4:45 PM Level 1 4:45-5:45 PM Level 2 5:45-7 PM	Pre-Ballet 7 5-6 PM	Level 1 4:45-5:45 PM Level 2 5:45-7 PM		Pre-Ballet 6 12:30-1:15 PM Pre-Ballet 7 1:15-2:15 PM
AQUATICS	Jellyfish Swim Team 9 AM-12:30 PM	Learn to Swim Level 1 5:10-5:40 PM Learn to Swim Level 3 5:45-6:15 PM	Jellyfish Swim Team 4:15-8:30 PM Learn to Swim Level 2 5:10-5:40 PM Learn to Swim Level 4 5:45-6:15 PM Learn to Swim Level 5 6:20-6:50 PM	Jellyfish Swim Team 4:15-8:30 PM Learn to Swim Level 1 5:10-5:40 PM Learn to Swim Level 3 5:45-6:15 PM	Jellyfish Swim Team 4:15-8:30 PM Learn to Swim Level 2 5:10-5:40 PM Learn to Swim Level 4 5:45-6:15 PM Learn to Swim Level 5 6:20-6:50 PM		
SOCCER SHOTS	Premier 10:40-11:20 AM		Premier 4-4:45 PM				
BASKETBALL	Rising Stars 12:30-4 PM	Skills Clinic K-8 5-7:50 PM					
KIM'S GYM		Ninja Stars 4-4:50 PM Gym Stars 4-4:50 PM Select Team 5-6:30 PM Elite Team 5-6:30 PM	Gym Stars 4-4:50 PM Gym Stars 5-5:50 PM Tiger Team 5-6:30 PM	Gym Stars 4-4:50 PM 5-5:50 PM Select Team 5-6:30 PM Elite Team 5-6:30 PM	Ninja Stars 4-4:50 PM Beginner Tumbling 4-4:50 PM 5-6:30 PM Intermediate Tumbling 4-4:50 PM 5-6:30 PM Advanced Tumbling 4-4:50 PM 5-6:30 PM Middle/High School Tumbling 5-6:30 PM Cheer Tumble 4-4:50 PM Cheer Team 5-6:30 PM		Gym Stars 11-11:50 AM
ATA MARTIAL ARTS	Martial Arts Kids 10-10:50 AM Family Class 11AM-12PM	Tigers 3-3:40 PM Martial Arts Kids 4-5 PM	Tigers 3:30-4:10 PM Martial Arts Kids 4:30-5:30 PM Teens/Adults 6-7 PM	Leadership/ Legacy 6-7 PM	Tigers 3:30-4:10 PM Martial Arts Kids 4:30-5:30 PM Teens/Adults 6-7 PM		

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JAMIE BAHR			JRock BandLab 3:45-5:15 PM				
STICKY FINGERS COOKING				COOLinary Cooking Club 4-5 PM			
TENNIS	Rising Stars 12:30-1:30 PM Tennis Stars 1 1:30 PM	Tennis Stars 1 4-5 PM Tennis Stars 2 4-5 PM Rising Stars 4-5 PM All Stars 6-7:30 PM Champs 6-7:30 PM	Future Stars 3-3:45 PM Challengers Private Instruction 5-6 PM	Tennis Stars 1 4-5 PM Tennis Stars 2 4-5 PM Rising Stars 4-5 PM All Stars 6-7:30 PM Champs 6-7:30 PM	Rising Stars 4-5 PM Tennis Stars 4-5 PM		
MS HILL'S ART ADVENTURE		Art Club (1st-5th) 3:30-5 PM			Art Club (8-13 years) 3-5 PM		
ZACH THEATRE			Broadway Kids: Frozen 4-5 PM Production Workshop: KPop Demon Hunters 5-6 PM		Broadway Kids: Moana 4-5 PM Improv 5-6 PM		

OTHER PROGRAMS All ages

ECP Year Round



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Looking for private lessons?

We have swimming, tennis, teen fitness certification, and more!
Learn more at: shalomaustin.org/youth-enrichment