

GYM SCHEDULE – Effective July 6

MONDAY
5 AM – 10 PM

TUESDAY
5 AM – 10 PM

WEDNESDAY
5 AM – 10 PM

THURSDAY
5 AM – 10 PM

FRIDAY
5 AM – 8 PM

SATURDAY
7 AM – 8 PM

SUNDAY
7 AM – 8 PM

A

B

A

B

A

B

A

B

A

B

A

B

A

B

7 AM

8 AM

9 AM

10 AM

11 AM

12 PM

1 PM

2 PM

3 PM

4 PM

5 PM

6 PM

7 PM

8 PM

9 PM

10 PM

OPEN GYM

OPEN GYM

***OPEN GYM SCHEDULES ARE SUBJECT TO CHANGE BASED ON CAMP NEEDS DURING INCLEMENT WEATHER**

OPEN GYM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

JCamps
8 AM- 12:30 PM

Pickleball Setup-8:45AM
PICKLEBALL (18+)
9-11AM

ADULT PICKUP BASKETBALL (18+)
8:30 -11:00 AM

Basketball Skills Clinic
12:30-3:30 PM

Kim's Gyn
3-6 PM

Kim's Gyn
3-6 PM

Pickleball Setup-5:15PM

PICKLEBALL (18+)
5:30 - 7:30 PM

JCC
Maccabi
Practice
3:30-6:30
PM

Basketball Skills Clinic
6-7:50 PM

ADULT PICKUP BASKETBALL (18+)
7 -9:30 PM

Pickleball Setup-7:15PM

PICKLEBALL (18+)
7:30 - 9:30 PM



Scan Here to view
the gym schedule!

OPEN GYM TIME 5:00AM-7:00AM
MONDAY-FRIDAY